

# District 20 Family Support Presents

## Summer Activities and Resources for Families

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May 18, 2026



# Welcome

We've put together lots of exciting activities, events, museums, and ideas for you and your children to enjoy this Summer.

From outdoor adventures to cultural experiences, there's something for everyone.

While summer is a time for fun, it's also a great opportunity for kids to keep learning. Research shows that reading, writing, and math are super important during the break. Reading helps improve vocabulary and thinking skills. Writing boosts creativity and communication. Math practice makes problem-solving easier.

Encouraging your child to do some learning over the break helps them stay sharp and feel more confident. By doing activities like reading, writing, and math, they'll be all set for the next school year.



# SUMMER RISING



Summer Rising is a partnership between New York City Public Schools and the Department of Youth and Community Development (DYCD).

Summer Rising is free and available to any student who resides in and attends school in NYC, grades K-8, pending seat availability.

Students in Summer Rising will have access to both academic and enrichment programming over the course of the day, including field trips, arts activities, and outdoor recreation. Programs will be planned and operated collaboratively by school principals and community-based organizations (CBOs). The environment will be safe and supportive, with staff prepared to respond to children's social and emotional needs. Breakfast, lunch, and snack will be served.

March 3: Application opened in [MySchools\(Open external link\)](#)

March 27: Application closed

April 21: Results released and waitlist opens. Instructions to apply for the waitlist can be found in the enrollment flyer below.

**May 5: Deadline to accept an offer if you receive one.** Families must accept their offer in order to attend Summer Rising.

July 1: Summer Rising starts

July 3: Observed holiday - No Summer Programming on this day

August 7: Summer Rising ends for grades 6-8

August 14: Summer Rising ends for grades K-5

Summer Rising runs Monday through Friday, 8 AM to 6 PM

# Mindfulness



## The Silent Space -

Designate an area or corner with a silent space, where someone can go and sit.

Provide some headphones and a music device with calming music or nature sounds to wear to escape for a moment.



## Mindful Breathing -

Close eyes, breath slowly and deeply, and try to focus on each exhale.



## Spidey-Senses -

Turn-on “Spidey senses,” or the super-focused senses of smell, sight, hearing, taste, and touch that Spiderman uses to observe the world



## Safari -

Go for a walk in the park, on the beach, anywhere there is nature. During the walk, the goal is to notice as many birds, bugs, creepy-crawlies, and any other animals around. Anything that walks, crawls, swims, or flies is of interest, and they’ll need to focus all of their senses to find them.

# SUMMER AT THE Brooklyn Public Library



Join NYC libraries this summer for free programs and events for all ages!

- ❖ Discover [book lists](#), [activities](#), and challenges to help kids read, learn, and [have fun](#).
- ❖ Find out what's going on for teens at your local library, including new and enhanced [Teen Centers](#).
- ❖ Explore book talks, [language classes](#), and career services for adults.
- ❖ Choose from millions of books and more to borrow—with no late fines.
- ❖ Plus, use your library card to get free passes to 90+ museums and attractions across NYC!





Log into the TeachHub with the student's account to explore the digital libraries

>

**Libraries** [Edit](#)

- ★ New York City Public Schools ✓
- Brooklyn Public Library
- New York Public Library
- Queens Public Library

[+ Add library](#)

**Settings**

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- High Contrast Mode
- Language English >
- Reading Goals >
- All Settings >

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# FREE MUSEUM DAYS IN NYC (2026)

[30+ NYC museums you can visit for free this year.](#)

By New York Bucket List

How to Visit NYC Museums for Free

- ❖ Daily Free Museum Admissions
- ❖ Daily Pay-What-You-Wish Museum Admissions
- ❖ Weekly Free Museum Admission Days
- ❖ Monthly Free Museum Admission Days



# 4<sup>TH</sup> OF JULY CELEBRATIONS



## FLEET WEEK

We will celebrate America's 250th anniversary with the largest-ever flotilla of tall ships from around the world, creating a majestic nautical spectacle and an unforgettable once-in-a-generation event on land, sea, and air. [What's Happening | Sail 4th 250](#)

Across the region, a rich tapestry of events, festivities, and celebrations will unfold—honoring our shared history while educating, entertaining, and uniting communities.



The 50th annual [Macy's 4th of July fireworks](#) are set to expand to both the lower East River in the Seaport District, the lower Hudson River in collaboration with Jersey City, and the iconic Brooklyn Bridge, creating a shared experience that connects more communities than ever. The dazzling display features thousands of shells bursting forth, synced to an original, curated musical score.

Spectators should be able to see Macy's 4th of July fireworks from many neighborhoods along the waterfront in Lower Manhattan, Brooklyn, and Jersey City, New Jersey. Looking for more FREE summer fireworks displays in NYC? Check out our roundup of [where to see fireworks all summer long here](#) and bookmark our [Ultimate NYC Kids Summer Vacation Guide](#) for all our top seasonal picks.

[Free Things To Do in NYC with Kids - Things To Do With Kids](#)

[Article by Jody Mercier @mommypoppins.com](#)

# 4<sup>TH</sup> OF JULY CELEBRATIONS

Nathan's Famous hot dogs.

[The Hot Dog Eating Contest | Nathans](#)

The world's top competitive eaters. Ten minutes to glory. It all goes down on the Fourth of July at the corner of Surf and Stillwell.

[All Recipes | Nathans](#)



# FREE in NYC



NYC Parks

Get up, get out, and do something! Just about any day of the year, you can find something fun, informative, and healthy to enjoy at an area park. Feel free to browse the listings below or use the search tools to find an event that matches your interests and location. [Free and Low-cost Events : NYC Parks](#)

## POOLS

NYC's [outdoor pools](#) will open Saturday, June 27 for the season  
Find out more about [learn to swim program](#), lap swim hours, our youth swim team, and programs for seniors and people with disabilities.

## BEACHES

Parks Department maintains 14 miles of beaches.  
[Beaches](#) are open from Memorial Day weekend through September 13, 2026.  
During beach season, lifeguards are on duty daily, from 10:00 a.m. to 6:00 p.m. Swimming is prohibited when lifeguards are not on duty and in closed sections [Beaches : Coney Island and Brighton Beach : NYC Parks](#)

## PARKS

NYC Parks offers a multitude of [events, programs and activities](#) made with kids especially in mind.  
Children will have plenty to keep them active throughout the year no matter what their interests.

## MOVIES

[Movies Under the Stars](#)  
Animation, romance, action, sci-fi, and comedy--Parks has movie screenings for all types of film buffs.  
[Movies With A View - Brooklyn Bridge Park](#)



## PERFORMING ARTS IN PARKS FOR ALL NEW YORKERS

### - PRESENTING WORLD CLASS PERFORMANCES IN YOUR NEIGHBORHOOD

- ❖ Summerstage
- ❖ Charlie Parker Jazz Festival
- ❖ Swedish Cottage Marionette Theatre
- ❖ Puppetmobile

### - KEEPING KIDS & SENIORS ACTIVE AND HEALTHY

### - TRAINING FUTURE PARK STEWARDS

### - HELPING LOCAL VOLUNTEERS IMPROVE NEIGHBORHOOD PARKS





## Lincoln Center

- ❖ [Lincoln Center](#) Summer For The City events Jun 10 - Aug 8.
- ❖ Celebrate the Summer of Dance at [Summer for the City](#) with hundreds of FREE and Choose-What-You-Pay events for all. Centered on movement, contemporary artistry, and international voices, we invite you to experience the joy, creativity, and community that make our global city extraordinary!

Saturday June 13, 2026

Saturday, June 13 at 11:00 am



Summer for the City  
 Kids, Teens, and Families  
**Big Umbrella Day**  
 Lincoln Center Presents

Our celebrated *Big Umbrella Festival* returns this summer with a free day-long campus takeover, welcoming neurodivergent audiences and their families!

📍 Full-campus experience

  
INDOOR/OUTDOOR

  
FAMILY-FRIENDLY


  
PARTICIPATORY

  
RELAXED PERFORMANCE

**FREE**

**LEARN MORE**

Wednesday, June 17 at 11:00 am





Summer for the City  
 Kids, Teens, and Families  
**Dance Storytime With Dinita Clark**  
 Lincoln Center Presents

In collaboration with The New York Public Library for the Performing Arts


Learn about the fundamentals of house dance from Hip-Hop and street dance choreographer, dancer, and teacher Dinita Clark.

📍 Karen and Richard LeFrak Lobby, David Geffen Hall

  
INDOOR

  
FAMILY-FRIENDLY

  
DANCE

  
STORYTIME

**FREE**



# NYPD

## Youth Programs

The NYPD offers a variety of youth-related initiatives that focus on the challenges facing young New Yorkers as they mature into young adults, and that strive to help foster a positive outlook, education, and community-building. For additional information contact the [Community Affairs Bureau \(communityaffairs@nypd.org\)](mailto:communityaffairs@nypd.org), visit the Community Affairs officer at your local police precinct, or call 646-610-5323.

[NYPD Kids First](#)

[Summer Youth Police Academy](#)

[Law Enforcement Explorers](#)

[Police Athletic League](#)

[Options Program](#)



# NYPD

## Summer Youth Police Academy

The NYPD Summer Youth Police Academy is one of several innovative, effective programs that the Department provides for young people in New York City. The program gives young individuals between the ages of 10 and 15 the opportunity to train with police officers during the summer, leading to positive relationships between the Police Department and the city's youth.

Participants attend the Youth Police Academy in the borough of their residence, five days a week for six weeks, from 8:30 a.m. until 2:00 p.m. Police Officers conduct classes that include lectures, role-plays, and demonstrations in the areas of law, behavioral science, drug prevention and gang resistance. The program also provides participants with lunch, uniform shirts, and field trips. Students engage in military drills like those done in the Police Academy and go on field trips to police facilities. Transportation is provided for the field trips although the sites are accessible by public transportation.

The Summer Youth Academy:

Enhances responsible citizenship.

Provides positive interaction with police officers and educates young people about the challenges and responsibility of police work.

Encourages young people to take part in other youth programs offered by the Police Department such as the Law Enforcement Explorers, Police Cadet Corps and the Police Athletic League.

For additional information, please email the Community Affairs Bureau's Youth Strategies Division, you can email them at: [ythstrat@nypd.org](mailto:ythstrat@nypd.org)

The 2026 Academy Application filing will begin May 2026. [Click here to apply.](#)

**Last day to submit an application will be June 15, 2026.**

# Resources for High School Students



The Public Schools Athletic League (PSAL)

[High School Summer Sports](#), Fitness, and Recreation Program offers students the opportunity to participate in athletic training, fitness and conditioning, and sport-specific skill development at high school sites across all five boroughs.

This program is open to all NYC students entering grades 9-12 in Fall 2026.

Students may attend a program at any site attendance at the host school is not required.

## Program Schedule:

The program runs Monday through Thursday, from 3:00 PM to 6:00 PM.

To provide students with more opportunities, the program is offered in two sessions:  
Session 1: July 13 - July 28  
Session 2: July 29 - August 13

Space is limited at each site.

To view sport availability by location, see the [PSAL Summer Sports, Fitness, and Recreation Program webpage](#)

[PSAL High School Summer Sports, Fitness, and Recreation Program Registration Form](#)

# Resources for High School Students



## The Youth Food Advocates Internship

The Youth Food Advocates Internship is open to all students enrolled in a NYC high school for fall 2026.

Want a better school food program?  
Interested in NYC public policy?  
Want to grow your advocacy skills?

Turn your school food experience and complaints into actions!

Application period: May 15 to June 15  
Program dates: August 2026 to June 2027

Looking for school food policy leaders for the 2026-27 school year.

[Application](#)



**YFA High School Internship**  
*Application deadline: June 15*  
Program Commitment: August 2026 to June 2027

**YFA is a food policy internship for NYC high school students like you to:**

- Turn your school food experience and complaints into actions!
- Join passionate NYC youth to lead real-world change in the nation's largest school food program.

**Lead Workshops**



**Meet Elected Officials**



**Apply Now!**  
[Bit.ly/joinYFA](https://bit.ly/joinYFA)

Contact us:  [youth@foodadvocates.org](mailto:youth@foodadvocates.org)  [@YouthFoodAdvocates](https://www.instagram.com/YouthFoodAdvocates)

*"I feel better when I present to a group at school. YFA has helped me with my public speaking skills."  
-Donny, from the Bronx*

[schools.nyc.gov](https://schools.nyc.gov)



# Office of School Food FREE Summer Meals

**FREE SUMMER MEALS**  
AT SELECT SCHOOLS, POOLS, PARKS, AND LIBRARIES  
for everyone 18 years and under

We are gearing up for our Summer Meals Program.

It will run from June 29<sup>th</sup> through September 4<sup>th</sup>.

There is no cost for Summer Meals, any child can walk into any school during the Summer Meals program.

In addition, we'll have the Summer Meals truck again in Prospect Park seven days a week.

# FOR MORE INFORMATION CONTACT

- ▶ Sylwia Jasinski,  
▶ Family Support Coordinator  
▶ Office 718-759-3958 or  
▶ [Sjasinski@schools.nyc.gov](mailto:Sjasinski@schools.nyc.gov)
- ▶ [D20Brooklyn.com](http://D20Brooklyn.com)
- ▶ [www.nyc.gov/schools](http://www.nyc.gov/schools)
- ▶ William Chin  
▶ Family Leadership Coordinator  
▶ Office 718-759-3944  
▶ [Wchin1@schools.nyc.gov](mailto:Wchin1@schools.nyc.gov)

Thank You

See you June 22, 2026