

Physical Education News

April 2026

Mr. R. Neff RNeff@schools.nyc.gov

March & April in PE class:

K & 1st Grade

- Students began their basketball unit by learning their responsibilities when using a basketball.
- Students learned how to handle their ball and began by bouncing it and catching it.
- Students are now dribbling a ball with their finger pads to the best of their ability.

2nd & 3rd Grade

- Students began their basketball unit by learning their responsibilities when using a basketball.
- Students are now dribbling a ball with their finger pads with both hands to the best of their ability in open space while moving.
- Students have been practicing a bounce pass with a partner.

4th & 5th Grade

- Students have finished the Fitnessgram assessments.
- Students have been working on how to throw and catch a football properly.
- We started to play a game called Zone Football. Ask your child about it.
- We will begin a Basketball Unit in April.

What's Happening at PS 748 in the Health & Wellness World:

- Parent Teacher Conferences are Thursday, April 16th please stop by to discuss your child's progress in Physical Education class.
- 2nd Grade CHAMPS has begun and they are off to a great start.

Reminders:

- Students should bring water to school every day, especially on their PE day!
- Please have your children wear sneakers & clothes that are comfortable that they can move easily in everyday they have P.E. School Spirit wear would be perfect.

P.E. Quote of the month:

"Anything is possible! If I can do it, so can you!"

- Dani Bowman