

Food for Thought

HELLO, FAMILY!

Over the next three weeks, our class will build their knowledge about healthful food, with a focus on the informational/argumentative text genre. We will read texts and view videos about what we can do to make more healthful food choices. Children will also write an opinion essay that tells why it is important to eat nutritious foods.

BRING IT HOME! Learning fun for the whole family!

Discuss the Topic

Set aside time daily for your child to share with you what he or she is learning. Use these ideas to help build your child's knowledge about the topic:

- Talk about the ideas your child has added to the Knowledge Map each week.
- Ask about the texts your child is reading and what he or she has learned from them.
- Share with your child your own questions about the topic, and work together to find the answers.

Explore the Genre

The genre focus in this module is informational/argumentative text. Discuss how this genre uses facts to persuade readers to agree with an opinion.

Ask your child to read to you each day and make time to read together.



Build Vocabulary

Use these ideas to help your child build a rich vocabulary.

The Big Idea Reinforce the topic words *digest*, *sustainable*, *nutrition*, and *compost* in conversations with your child. Use prompts like these: What is something we cannot **digest**? What items can we **compost**?

What Does It Mean? Have your child keep a growing list of the Critical Vocabulary words. Quiz each other on their meanings.

Word Hunt Look for words with the Latin roots *port*, *dict*; the Greek roots *meter*, *therm*, *phon*, *tele*; and prefixes *sub-*, *fore-* in books and online texts.